

GURU NANAK DEV JI

1. Name the first Guru of the Sikhs?

Guru Nanak Dev ji.

2. What was the life span of Guru Nanak Dev ji, and his Gurgadi years?

Birth – 4/15/1469 Rai Bhoeki Talwandi, Punjab, Pakistan

Jotijot – 5/7/1539 Kartarpur, Punjab Pakistan (He was 70 yrs old)

Guruship - 1469 to 1539 (from his birth onwards for 70 years)

3. Guru Nanak Dev ji's Family

Father: Mehta Kalu

Mother: Mata Tripta Devi

Sister: Baebe Nanaki

Wife: Mata Sulakhni ji (He was 14 to 18 yrs old)

First Son: Siri Chand

Second Son: Lakhmi das

4. What were the travels of Guru Nanak Called?

Guru Nanak's travels were called the **Udasis**. He traveled for **25yrs of his life (Age 31yrs to 56yrs)**. The last 15 yrs of his life he spent as a farmer in Kartarpur, Pakistan

(Optional for teachers to discuss)

Below is a brief summary of the confirmed places where Guru Nanak visited:

- **First Udasi:** (1500-1506 AD) Lasted about **7 years** and covered the following towns and regions: Sultanpur, Tulamba (modern Makhdumpur, zila Multan), Panipat, Delhi, Banaras (Varanasi), Nanakmata (zila Nainital, U.P.), Tanda Vanjara (zila Rampur), Kamrup (Assam), Asa Desh (Assam), Saidpur (modern Eminabad, Pakistan), Pasrur (Pakistan), Sialkot (Pakistan).
- **Second Udasi:** (1506-1513 AD) Lasted about **7 years** and covered the following towns and regions: Dhanasri Valley, Sangladip (Ceylon).
- **Third Udasi:** (1514-1518 AD) Lasted about **5 years** and covered the following towns and regions: Kashmir, Sumer Parbat, Nepal, Tashkand.
- **Fourth Udasi:** (1519-1521 AD) Lasted about **3 years** and covered the following towns and regions: Mecca and the Arab countries.
- **Fifth Udasi:** (1523-1524 AD) Lasted about **2 years** and covered the following towns and regions: Places within the Punjab.

5. What was Guru Nanak Dev ji's, notable contribution to Sikhi?

Guru Nanak founded and formalized the three pillars of Sikhism:

1. Naam Japna. 2. Kirat Karni 3. Vand Chakna.

His contributions to humanity were more advanced than anyone else of the time, including those of the Western nations. **His main contributions were:**

1. Equality of humans 2.. Equality of women 3. Universal message for all people

6. How many of Guru Nanak Dev ji's compositions are included in the Guru Granth Sahib Ji?

- 974 Shabads in 19 Ragas,
- Gurbani Includes Japji, Sidh Gohst, Sohilaa, Dakhni Onkar, Asa di Var, Patti, Bara Mah

7. Which Gurdawaras are notably related to Guru Nanak Dev ji?

There are hundreds of historical Gurdawaras all over India, Pakistan and in Iraq; where ever Guru ji visited during his travels. One of the most famous is **Sri Nankana Sahib**, Pakistan, where Guru ji was born.

8. Can you quote a Shabad from Guru Nanak dev ji's Bani?

ੴ ਸਤਿ ਨਾਮੁ ਕਰਤਾ ਪੁਰਖੁ ਨਿਰਭਉ ਨਿਰਵੈਰੁ ਅਕਾਲ ਮੂਰਤਿ ਅਜੂਨੀ ਸੈਭੰ ਗੁਰ ਪ੍ਰਸਾਦਿ ॥

One Universal Creator God. The Name Is Truth. Creative Being Personified. No Fear. No Hatred. Image Of The Undying, Beyond Birth, Self-Existent. By Guru's Grace. (SGGS – 1)

9. Name the reigning Mughal during Guru Nanak Dev ji's Guruship period?

Babar.

10. What was the life of the people of North America during Guru Nanak Dev ji's time?

August 3, 1492 - Christopher Columbus sets sail to find a westward route to the east.

October 12, 1492 - Christopher Columbus reportedly the 1st European to set foot on the New World (in what is now the Dominican Republic). In 1500's, the population of America was 15 million of Native Americans and of India was 70 million. Renaissance movement in Europe.

Source - http://timelines.ws/1500_1524.HTML

11. Who did Guru Nanak Dev ji choose as his successor to Gurgadi and Why?

Guru Nanak Dev ji chose one of his disciples; Bhai Lehna ji to be the next guru because he was his most devoted and obedient Sikh. Sri Chand, the elder son of Guru Nanak Dev ji was also a very spiritual man. However, from the very beginning he loved solitude and, as he grew up, he developed indifference to worldly affairs. Baba Sri Chand kept in touch with successive Gurus during his long life of well over a century. The Gurus held him in high esteem in view of his holy descent, old age and piety.